

# HAPPY!

In the 60 years since its creation, more than **75,000** children have gone on sailing courses with "Jeunesse et Marine".

**96%** of parents plan to **re-register** their children for a sailing course at "Jeunesse et Marine"\*

*«Keep it that way! Our children came back overjoyed and enthusiastic. They are waiting for their next sailing course with impatience!»* **Emmeline P.**

*«A great association that teaches young people about life with others and transmits values of openness, respect and self-responsibility and while enjoying an interesting activity in a remarkable setting.»* **Emmanuelle G.**

*«As a former sailing trainee, I think it's great that my son can now discover sailing with "Jeunesse et Marine". A transmission of family values!»* **Thomas K.**

**9 out of 10** children want to come back after their first sailing course\*

*«I love Jeunesse et Marine! I will come back next year with a friend.»* **Mael V.**

*«I really enjoyed my sailing course, the sailing lessons were seriously cool, the atmosphere awesome, the evening events great! JEM for life!»* **Iris C.**

\* 2015-2019 Satisfaction Surveys conducted with trainees and their parents



## OUR NAUTICAL CENTRES

Our two centres are located in the south of Brittany, north-west of France, in the Gulf of Morbihan, a small sea of 100 km<sup>2</sup> dotted with dozens of islands.

Calm bodies of water and strong currents make this mild and sunny gulf an ideal place to learn how to sail. We welcome the sailing trainees in our centres on two islands: "Ile aux Moines", at the entrance to the Gulf, and "Ile d'Arz", in the heart of the Gulf.

Cruises go out to the Quiberon Bay and head for the islands of southern Brittany or more distant horizons. Our most advanced trainees discover blue water sailing, cruising to Spain or the Channel Islands.

## CONTACT US

To help you choose a sailing course, to receive our paper catalogue, to register your child:  
Contact us by phone, Monday to Friday from 11am to 7pm on **+33 (0)1.53.58.30.70**

(we speak mostly French but will try our best to help you!)

**By email:** inscription@jem.asso.fr  
**Visit us:** 9 rue de la Véga, 75012 Paris

Check out our full catalog and book your sailing course online on our website:  
**www.jeunesse-et-marine.org**

Find us on social media:  
**Twitter, Instagram, Facebook and LinkedIn.**



## SAILING COURSES FOR CHILDREN AGED 7 TO 17

**DURING SCHOOL HOLIDAYS**  
**SPRING - SUMMER - AUTUMN**  
**CATAMARAN - COLLECTIVE SAILING**  
**CRUISES - WINDSURFING**



**Jeunesse et Marine**  
École de voile  
École de mer  
École de vie



## JEUNESSE ET MARINE, MUCH MORE THAN A SAILING SCHOOL!

“Jeunesse et Marine” was created **60 years ago** on the premises that sailing is an **extraordinary school to learn the values of life: collective and individual responsibility, autonomy, overcoming personal limits, caring, sharing and solidarity...**

Every year, “Jeunesse et Marine” trains **children and teenagers**, allowing them to learn about the maritime environment, sailing practice and life as a crew member.

**Safety, pedagogy and enthusiasm** are the pillars of the training provided by a sailing school that has introduced over **75,000** young sailors to sailing since 1959.

The founding principle of our association, and our great pride, is the commitment of each generation to the benefit of the following one: **the trainees of yesterday are today’s instructors**, duly trained and proud to transmit the knowledge and spirit of “Jeunesse et Marine”.

“Jeunesse et Marine” is a non-profit association registered with the French Ministry of Youth and Sports and affiliated with the French Sailing Federation (FFV).

## OVER 200 SAILING COURSES TO MEET ALL ASPIRATIONS

Sailing initiation - Leisure sailing  
Performance sailing - Sailing adventures

- ✓ **Initiation:** 7 to 9 years old discover the maritime environment and sailing, each at their own pace, on different types of boats: catamarans, sailing dinghies, crewed sailboats and windsurfs.
- ✓ **Catamarans** are ideal for the 9 to 17 years old who like the feeling of speed and performance (possibility to go on a camping raid during summer).
- ✓ **Crewed sailboats**, 26 to 33ft mono-hulls, for the 9 to 14 years old to discover sailing and life as a crew member (possibility to go on a camping raid during summer).
- ✓ **Sailing dinghies**, with a crew of 4, for 13 to 16 years old to improve their sailing technique and discover competitive sailing.
- ✓ **Blue water cruise training**, on a live aboard sailboat (26 to 40ft), for 12 to 17 years old to become an effective part of the crew. They will start sailing in the Gulf of Morbihan and the Bay of Quiberon, then on the Atlantic from La Rochelle to Brest, and finally to Spain or to England...
- ✓ **Windsurfing** for the 11 to 14 years old who like balance and agility to be rewarded by speed.



## PRACTICALITIES

### SAFETY FIRST!

At “Jeunesse et Marine”, safety is the top priority of the nautical centre manager, the boating master and the instructors. This focus on safety is passed down to the trainees, as soon as they arrive. The weather, the skill of the crew and the physical condition of the trainees are always taken into account before reaching the water. All necessary safety equipment is provided on site.

### OUR FLEET

The boats are chosen in connection with the educational project of each course. They are adapted to the morphology and abilities of all children and teenagers. The fleet is renewed regularly and benefits from all safety equipment.

### ACCOMODATION

Accommodation (non-coed) is, for the youngest, in dormitories in wood cabins and, for the older ones, in bed equipped tents. Each nautical centre has separate buildings for the sanitary facilities and the kitchen.

### MEALS

Meals are cooked on site, on the camping sites during raids or onboard cruise boats. Depending on their age and their daily schedule, the children help to set the table or wash the dishes, with the help of the instructors.

### TRANSPORTATION

“Jeunesse et Marine” organises and supervises travel between Paris and its nautical centres. High speed train (TGV) to Vannes train station, then by bus and boat. Contact us to arrange the departure from other cities.

Some sailing courses are also open as day school for children staying with their families in the vicinity.

### NEWS FROM THE SEA

Parents have access to a blog updated daily, except during cruises and camping raids.